

Free and confidential support for LGBT+ people affected by hate crime



- We listen and advise you on your options
- Help you report to the Police, anonymously or in person if you want to
- With your permission liaise with Police, housing, health and other services on your behalf
- Help you with safety planning
- Signpost you to other support



GET IN TOUCH
020 8305 5003
safer@metrocharity.org.uk

 @METROCharity  METRO Charity | metrocharity.org.uk



Charity Number 1070582

We provide advocacy and emotional support for lesbian, gay, bisexual and trans* people who experience hate crime.



What does the service include?

We offer one-to-one support by telephone, email and text, face-to-face meetings, safety planning, support attending meetings with services and the courts and access to METRO's Hate Crime Counselling Service.

Who is the service for?

Anyone who is, or is perceived to be lesbian, gay, bisexual or trans* that has experienced a hate crime, discrimination, harassment or intimidation.

What is a hate crime/incident?

Acts of violence or hostility directed at people because of who they are or who someone thinks they are. Examples include: verbal abuse, physical attacks, threats of violence, hoax calls, abusive phone or text messages, graffiti, arson, hate mail, online abuse, harm or damage to your property, pet or vehicle.

Who are METRO?

METRO is a leading equality and diversity charity, providing health, community and youth services across London and the South East, with national and international projects. METRO works with anyone experiencing issues around sexuality, gender, equality, diversity and identity across our five domains: Sexual & Reproductive Health, Community, Mental Health & Wellbeing, Youth and HIV.

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